

THE FIVE PRECEPTS

I undertake the practice to refrain from taking the life of any living creature.

I undertake the practice to refrain from taking that which is not given.

I undertake the practice to refrain from sexual misconduct.

I undertake the practice to refrain from false and harmful speech.

I undertake the practice to refrain from consuming intoxicating drink and drugs which lead to carelessness.

These five precepts

Have morality as a vehicle for happiness,

Have morality as a vehicle for good fortune,

Have morality as a vehicle for liberation,

Let morality therefore be purified.