

DHARMA ZEPHYR INSIGHT MEDITATION COMMUNITY
SURVEY RESULTS FOR MULTIPLE CHOICE QUESTIONS

Do you currently attend a Dharma Zephyr sitting group (even if only occasionally)?

Answered: 53 Skipped: 0

ANSWER CHOICES	RESPONSES	
▼ Yes	60.38%	32
▼ No	39.62%	21
TOTAL		53

If so, why? Please check all that apply.

Answered: 40 Skipped: 13

ANSWER CHOICES	RESPONSES	
▼ I like meditating with a group.	72.50%	29
▼ I enjoy studying and discussing the dharma.	67.50%	27
▼ I feel a sense of community.	77.50%	31
▼ Other (please specify) Responses	35.00%	14
Total Respondents: 40		

If not, why not? Please check all that apply.

Answered: 29 Skipped: 24

ANSWER CHOICES	RESPONSES	
▼ I'm not interested in group practice and study.	0.00%	0
▼ The times and/or locations are not convenient.	20.69%	6
▼ I don't live in the Reno/Carson/Minden area.	20.69%	6
▼ I am too busy.	6.90%	2
▼ Good question!	34.48%	10
▼ Other (please specify) Responses	37.93%	11

If you attended a sitting group in the past, but no longer do, why not? Please check all that apply.

ANSWER CHOICES	RESPONSES	
▼ Life changes.	29.03%	9
▼ I no longer practice Insight Meditation.	3.23%	1
▼ I changed to a different Dharma Zephyr sitting group.	3.23%	1
▼ I didn't feel comfortable in the group.	3.23%	1
▼ I didn't like the format.	3.23%	1
▼ I didn't enjoy the reading selections.	6.45%	2
▼ Does not apply.	58.06%	18
Total Respondents: 31		

If you attend Dharma Zephyr non-residential/day-long retreats, please tell us why. Check all that apply.

Answered: 47 Skipped: 6

ANSWER CHOICES	RESPONSES	
▼ I learn more about the Dharma	59.57%	28
▼ I benefit from the extended practice time.	70.21%	33
▼ I enjoy learning from different teachers.	70.21%	33
▼ I enjoy practicing with others.	51.06%	24
▼ I appreciate a day spent in silence.	72.34%	34
▼ I do not attend non-residential/day-long retreats.	12.77%	6
Total Respondents: 47		

If you do not attend Dharma Zephyr non-residential/day-long retreats, why not? Please check all that apply.

Answered: 15 Skipped: 38

ANSWER CHOICES	RESPONSES	
▼ I'm not interested.	6.67%	1
▼ I can't imagine spending a day in silence.	6.67%	1
▼ I think I have to sit all day, and I can't.	6.67%	1
▼ I'm too busy.	26.67%	4
▼ Though I know there is no cost to attend, I feel bad if I can't afford to make a donation.	60.00%	9
Total Respondents: 15		

If you attend Dharma Zephyr residential retreats, please tell us why. Check all that apply.

Answered: 40 Skipped: 13

ANSWER CHOICES	RESPONSES	
▼ I learn more about the Dharma.	40.00%	16
▼ I benefit from the extended practice time.	47.50%	19
▼ I enjoy learning from different teachers.	45.00%	18
▼ I enjoy practicing with others.	40.00%	16
▼ The more days I have in silence the quieter my mind gets.	50.00%	20
▼ I do not attend Dharma Zephyr residential retreats.	52.50%	21
Total Respondents: 40		

If you do not attend Dharma Zephyr residential retreats, please tell us why not. Check all that apply.

Answered: 26 Skipped: 27

ANSWER CHOICES	RESPONSES	
▼ I am not interested	3.85%	1
▼ I can't imagine spending numerous days in silence.	7.69%	2
▼ I think I have to sit still longer than I can.	3.85%	1
▼ I can't be away from my responsibilities that long.	50.00%	13
▼ I can't afford it.	34.62%	9
TOTAL		26

When envisioning Dharma Zephyr's future, which of the following activities would you enjoy participating in?

Answered: 51 Skipped: 2

ANSWER CHOICES	RESPONSES	
▼ Dharma study groups	78.43%	40
▼ Community service	62.75%	32
▼ Providing a support network for sangha members in need	50.98%	26
▼ Social gatherings	47.06%	24
Total Respondents: 51		